# Ryan M. Sherman

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### **Athletic Specific Resume:**

## **Playing Experience:**

#### High School:

Played at Ocean Township High School for 2 years. Started and played varsity every game both freshman and sophomore year. Helped win the school a Shore Conference Championship.

Played 2 years and became one of the first transfer students to become a Captain at St. Benedict's Prep in Newark, New Jersey – won two state championships and were ranked #1 in the Country for majority of campaign.

2 Time All-Prep Selection (equivalent to All-State).

#### **Outside of College:**

NJ State ODP Player. Region I ODP Player. National Pool.

Played at PDA – won several state titles, regional championships, and a national finalist. -U-20 Y-League National Champion.

PDL – Played for Newark Ironbound Express in 2008-2009 and then 2009- 2011 Central Jersey Spartans

#### **Boston College NCAA Division I Varsity Soccer Team**

August 2005 - May 2009

Midfielder/ Forward

- Competed in the ACC, the most competitive conference in the nation for soccer.
- Won Boston College's first ACC Championship in the Fall of 2007 both regular season and tournament championships
- Helped the team receive the #1 seed overall in the 2007 NCAA Tournament
- Dedicated 25 hours per week to practice, training, competition and travel
- Exercised strong communication and leadership skills with teammates who come from 10 different countries and diverse backgrounds
- Teammates/Roommates with professionals Charlie Davies (currently with Sochaux in France) and Alejandro Bedoya (currently with Orebro in Sweden), both U.S. National Team players, and Rueben Ayarna who plays for GAIS in Sweden.

#### **Student Athlete Advisory Committee of Boston College**

August

2007 - June 2009

Head Representative for Men's Soccer Team

- Acted as liaison between the team and the Student-Athlete Advisory Committee.
- Participated and helped schedule hospital visits for athletes.
- Helped organize food, book, and clothes drives with other members.

#### **Coaching Experience:**

#### **Director of Coerver Team Training:**

Train about 7-10 teams a week at all levels and all ages.

Direct 5-10 Trainers.

# Assistant Varsity Coach and Head Freshman Coach at Red Bank Regional High School 2010-Present